

Solution 1a

- Inadequate possible diagnosis
- Provision of 3 possible diagnoses

As Is

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FIND YOUR CURE

Introduction

Profile

Questions

Result

Diagnosis & Recommendation

Overview & Causes

Basis of Diagnosis & When to see a doctor

Medication & Home Remedy

Results:

Diagnosis

Lumbar Spondylosis

Strong evidence

Recommendation

Self-treatment may be sufficient.

Download Detailed Report (PDF 364 KB)

Overview

A degenerative spinal condition due to aging. It often presents with back pain that is worse with movement and relieved with rest.

Causes

This occurs due to wear & tear from repetitive actions (heavy lifting). Increased bodyweight, poor posture m also increase stress on the spine.

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FIND YOUR CURE

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Select Symptom(s)

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Answer Questions

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Review Diagnosis

Your Possible Diagnoses

Understanding your results

Lumbar Spondylosis

Strong

Musculoskeletal Back Pain

Moderate

Impingement Syndrome

Low

Download

Overview

Causes

Treatment

Prevention

A-

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A+

What is Lumbar Spondylosis?

Lumbar spondylosis is an age-related degeneration of the vertebrae and disks of the lower back. This condition is also known to be a result of the normal wear and tear of the lumbar (lower back) spinal discs. As we age, spinal discs lose moisture and shrink, bone spurs develop, and bones become weaker.

Redesigned